

Monday	Tuesday	Well-Being Wednesday	Thursday	Friday
<p style="text-align: center;"><b>School Holiday</b></p> <p style="text-align: center;"><b>Practice Zumba dance if you want</b></p>	<p style="text-align: center;"><b>School Holiday</b></p> <p style="text-align: center;"><b>Practice Zumba dance if you want</b></p>	<p><b>Mindfulness videos:</b> Videos will be uploaded on See-saw</p> <p><b>Zumba Dance</b> – Practice your dancing  <b>Girl in the Mirror</b> - <a href="http://www.viewpure.com/iKZGtR7bNI4?start=0&amp;end=0">http://www.viewpure.com/iKZGtR7bNI4?start=0&amp;end=0</a></p> <p><b>Remember Junior Infants focus on the first 30 seconds</b></p>	<p><b>Zumba Dance</b> – Practice your dancing - <b>Girl in the Mirror</b> - <a href="http://www.viewpure.com/iKZGtR7bNI4?start=0&amp;end=0">http://www.viewpure.com/iKZGtR7bNI4?start=0&amp;end=0</a></p> <p><b>Remember Junior Infants focus on the first 30 seconds</b></p> <p><b>Other classes will be focusing on a different section of the song.</b></p> <p><b>Turn your device landscape when recording it</b></p> <div data-bbox="1265 874 1601 1098" style="text-align: center;"> </div>	<p><b>Zumba Dance</b> – Record your dancing - <b>Girl in the Mirror</b> - <a href="http://www.viewpure.com/iKZGtR7bNI4?start=0&amp;end=0">http://www.viewpure.com/iKZGtR7bNI4?start=0&amp;end=0</a></p> <p>Send a 30 second video of you dancing by WhatsApp to the School Phone: (086) 1747985 before 10pm tonight.</p> <p>Prizes for:  Best Moves  Most Fun Entry  Best Class</p> <p>Turn your device landscape when recording.</p>

# Zany Zumba Challenge

**Friday 5<sup>th</sup> of June**

**<https://youtu.be/v7zTVdJn-gc>**

## **How to Enter**

**Send a 30 sec video of you dancing by WhatsApp to School  
(086)1747985.**

**Entries close at 10 pm Fri 5th June**

**Your video must be in line with social distancing guidelines.**

**Prizes for Best moves & Most fun entry & Best Class**

## **Additional info**

**Each class will perform a section of the dance.**

**Junior Infants First 30 sec**

**Senior Infants 25 sec – 55 sec**

**1<sup>st</sup> Class 50 sec – 1 min 20 sec**

**2<sup>nd</sup> Class 1 min 15 sec – 1 min 45 sec**

**3<sup>rd</sup> Class 1 min 40 sec – 2 min 10 sec**

**4<sup>th</sup> Class 2 min 5 sec – 2 min 35 sec**

**5<sup>th</sup> 2 min 30 sec – 3 min**

**6<sup>th</sup> Class 3 min – end**

**if you have children in a number of classes just choose  
one section to do.**